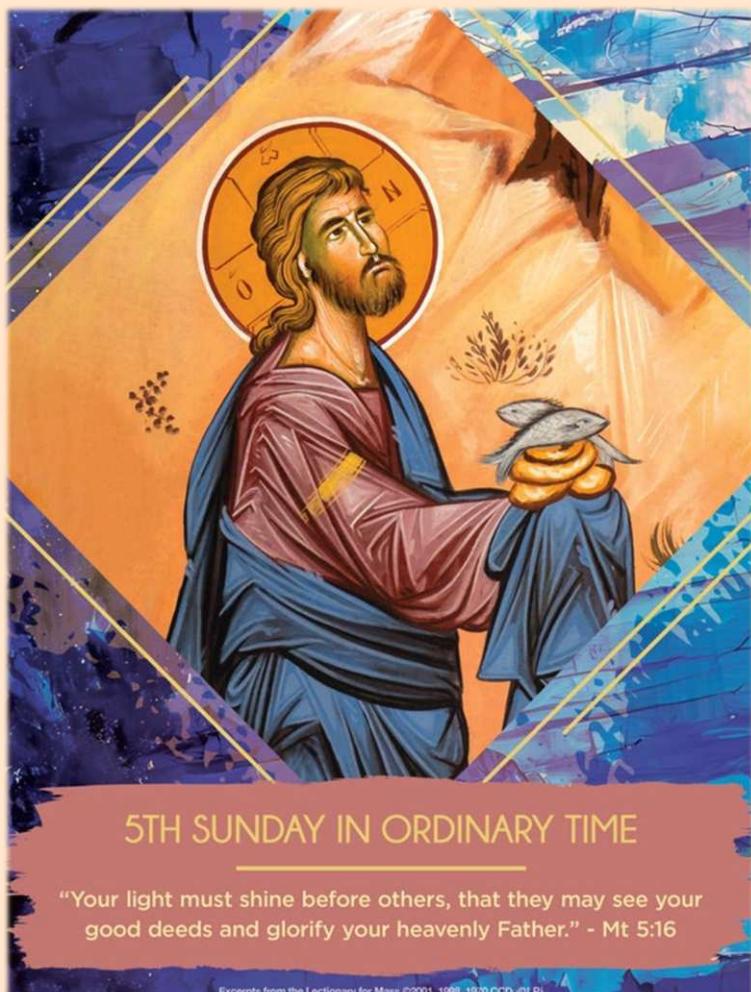


FIFTH SUNDAY IN ORDINARY TIME

FEBRUARY 8, 2026



SACRAMENTS

Baptism:

Please contact Ellen Mady at MOS or Joann Giuffre at St. John and St. Mary at the Parish Office four months before the birth of your child.

Reconciliation:

Saturdays at 12:00 NN at St. John;
Tuesdays at 5:00 PM at St. Mary;
OR by appointment.

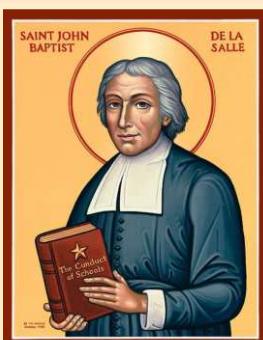
Marriage:

Please contact Monsignor Michael Begolly in the Parish Office at least one year in advance for information and scheduling.

Holy Communion

for those who are homebound:
Please contact the Parish Office.

New members are always welcome.
Please call the Parish Office to register.



St. John Baptist de La Salle
497 Athena Drive
Delmont, PA 15626
(724) 327-0647



Saint Mary, Our Lady of Lourdes
5900 Kennedy Avenue
Export, PA 15632
(724) 327-0647



Mother of Sorrows
4202 Old William Penn Highway
Murrysville, PA 15668
(724) 733-8870

Saturday anticipated Mass 4:00 PM
Sunday Mass 11:00 AM

Sunday Mass 9:00 AM

Saturday anticipated Mass 4:30 PM
Sunday Masses 7:30, 9:30, 11:30 AM & 6:00 PM

Sunday, Feb 08, 2026

Put it into practice

Twentieth-century writer Aldous Huxley said of love: "There isn't any secret formula or method. You learn love by loving." At every crossroad, at every bump in the road in your relationships with others, this is a simple truth to put into practice: Learn to love by loving; learn to forgive by forgiving. It isn't any more complicated than that. The choice is yours.

FIFTH SUNDAY IN ORDINARY TIME; WORLD MARRIAGE DAY

Isaiah 58:7-10; 1 Corinthians 2:1-5; Matthew 5:13-16 (73).
"Your light must shine before others."

Monday, Feb 09, 2026

Reach out and touch

Who gets healed in the gospels? Mostly it's those who make some small act of faith in Jesus. Today's gospel tells of all the people healed in body and spirit just by touching Jesus' cloak. The gospel points to two elements of spiritual healing: willingness and connection. Before God can do anything for us, we must break out of the paralysis of despair and be willing to reach out. If we make just the slightest move toward God, amazing changes are possible. As Pope Francis explained: "What type of faith is great? Great faith is that which brings its own story, marked even by wounds, and brings it to the Lord's feet asking Him to heal them, to give them meaning." We don't have to do it all, simply reach out and touch Jesus in some way—through prayer, the Eucharist, or service to those in need.

1 Kings 8:1-7, 9-13; Mark 6:53-56 (329). "They laid the sick in the marketplaces and begged him that they might touch only the tassel on his cloak."

Tuesday, Feb 10, 2026

Sibling solidarity

Saint Scholastica (c. 480-c. 543), together with her brother Benedict, founded the Western monastic tradition. Benedict's rule of life emphasized gentleness and respect, qualities that were evident in the close relationship between Scholastica and Benedict. After adopting monastic life, the two allowed themselves one day a year to visit each other. They would meet at a small cottage halfway between Scholastica's convent and Benedict's abbey. Their great contribution to Catholicism is evidence of the good that can come from a loving relationship between siblings. Consider your own relationship with siblings or other close kin. What can you do today to strengthen those relationships? You never know what great contribution to humanity might result from your efforts!

MEMORIAL OF SCHOLASTICA, RELIGIOUS FOUNDER

1 Kings 8:22-23, 27-30; Mark 7:1-13 (330). "Your servants . . . are faithful to you with their whole heart."

Wednesday, Feb 11, 2026

Rules to live by

With the season of Lent and its practice of fasting arriving next week, it's a little puzzling to remember that Jesus was a great *breaker* of fasts and violator of religious food rules—that was one thing that got him into trouble with the authorities. His followers gathered grain on the Sabbath because they were starving. He ate with sinners and outcasts. He simply *did not follow the rules*, but for a purpose: to show how the rules should not control but rather serve to bring a person into a more loving relationship with God and neighbor. "In Jesus," the Catechism of

the Catholic Church says, "the law no longer appears engraved on tables of stone, but upon the heart of the Servant who becomes a covenant to the people, because he will faithfully bring forth justice" (CCC 580). What makes a person holy is not external observance but internal faith and love, which leads to right behavior.

1 Kings 10:1-10; Mark 7:14-23 (331). "[What] goes into a person from outside cannot defile.... (Thus he declared all foods clean.)"

Thursday, Feb 12, 2026

How can you say no to a sick child?

Did Jesus think of his own mother as the Gentile woman with the sick daughter argued with him for a healing? Mothers (and fathers) don't want to talk politics and policy when their children are in need. They just want help and they want it now. Such confrontations take place every day in schools, emergency rooms, and social service offices, as parents argue for the well-being of their little ones. "Yes," they say, "I know your mission statement [or charter, or law] doesn't cover this, but my kid is hurting!" Jesus found this a compelling argument. Do you?

1 Kings 11:4-13; Mark 7:24-30 (332). "She replied and said to him, 'Lord, even the dogs under the table eat the children's scraps.'"

Friday, Feb 13, 2026

You've got to want it

Jesus performed many miracles but never did so by force. Neither would he coerce anyone to listen to him, much less to speak up on his behalf. If we choose to ignore the Good News in our own lives, we have the free will to do so. "He who created us without our help will not save us without our consent," says Saint Augustine. It's up to us to say yes to faith, to say yes to the truth of God's love. God would never force you to do so. Faith is freely given and freely exercised. Exercise yours today.

1 Kings 11:29-32; 12:19; Mark 7:31-37 (333). "People brought to him a deaf man . . . and begged him to lay his hand on him."

Saturday, Feb 14, 2026

Speak the language of love

This is real love: two brothers dedicate their lives to serving a people not their own. Born in ninth-century Greece, Methodius was older and eventually attained the office of archbishop. Cyril, more philosophical, was a linguist and theologian. Both took on the evangelizing of Moravia. There, Cyril devised the Slavic alphabet developed by later disciples and called Cyrillic in his honor. Both brothers fought for Bibles and liturgy in the language of the people. Pope John Paul II declared Cyril and Methodius patron saints of Europe. Follow the example of their love and bring good news to strangers.

MEMORIAL OF CYRIL, MONK, AND METHODIUS, BISHOP

1 Kings 12:26-32; 13:33-34; Mark 8:1-10 (334). "Where can anyone get enough bread to satisfy them here in this deserted place?"

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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Chuck Bell, Dennis Coffen, Dina Colangelo, A.J. Fikejs, Shawn Lynch, Kirra Mediate, Erin Patterson, Kate Stevens, Marie Telford, Nancy Trabucco & Linda Wakefield

MOTHER OF SORROWS

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Mother of Sorrows Finance Council
Holly Magister, Christine Pacifico, Paul Rockar & Lloyd Wolf

Office Hours

Monday through Thursday 8:30 AM-4:00 PM
Friday 8:30 AM-3:00 PM

Mother of Sorrows Outreach

724-594-5297 or *mos4outreach@gmail.com*

ST. JOHN AND ST. MARY

Joann Giuffre, Pastoral Associate for Faith Formation and Parish Life
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St. John Finance Council

David Alderson, David Bauersox, & Linda Livengood

St. Mary Finance Council

Bill McHugh, Jerry Soles & Diana Tranchini

Office Hours

Monday through Thursday 9:00 AM-1:00 PM



Mother of Sorrows Regional Catholic School

Darcie Gatti, Principal

dgatti@mosschool.org

724-733-8840

TOPS scholarships available:
www.catholicschoolsguide.org





We commend to your prayers Sandy Beley, Mary Miller, Peggy Perfetta, Brian Sloane, Sophie Sodrosky and Eleanor Urban, who died recently. May God welcome them to the joys of Paradise and bring comfort and peace to their families.

BAPTISM PREPARATION

If you are planning to have your baby baptized at MOS, St. John or St. Mary and have not attended a baptism preparation class within the last five years, please join us for one of our upcoming Baptism Preparation Sessions:

Wednesday, February 25,
7:00 PM at St. Mary Church

Thursday, April 16,
7:00 PM at St. Mary Church

Sunday, May 17,
10:30 AM at MOS



Eucharistic Adoration at St. Mary will take place on **Tuesdays** from 12:00 NN until 6:00 PM.

BOOMERS AND BEYOND FEBRUARY SESSION CANCELLED

Boomers and Beyond originally scheduled for February 10 has been cancelled due to a lighting project taking place in the MOS Social Hall. We hope to reschedule with that speaker in the future. The next session will take place **Tuesday, March 10.**

MOS CONSTRUCTION PROJECT AND PARISH SCHEDULES

As work begins on the construction project in the church, we will need to make a few modifications to our weekly schedule:

- Eucharistic Adoration continues at St. Mary Parish on Tuesdays from 12:00 NN – 6:00 PM
- Through March 27**, there will be **NO MASS** held at MOS. The weekend schedule for **all three parishes** will be as follows:

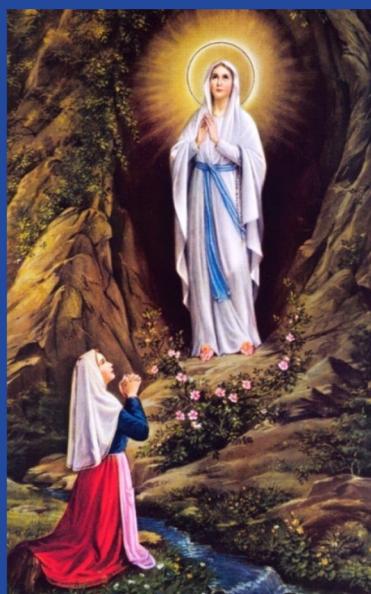
**St. John - Saturday 4:00 PM,
Sunday, 9:30 AM, 11:30 AM and 6:00 PM**

St. Mary - Sunday 7:30 AM and 9:00 AM.

**Daily Masses will alternate between
St. Mary and St. John Churches at
8:30 AM.**

•**FUNERALS** will be scheduled at either St. Mary and St. John Church through March 26.

•**CONFESIONS** will be held at St. Mary Church on Tuesdays at 5:00 PM and at St. John Parish on Saturdays at 12:00 Noon.



Parish Feast Day

Join us at St. Mary, Our Lady of Lourdes as we celebrate our Patroness and the joy of our parish community.

*Wednesday, February 11
7:00PM
St. Mary Church*

All are invited to come and seek Our Lady's intercession for healing, comfort and the strengthening of our parish community.

OUR WEEKLY NUMBERS

January 31 and February 1

MOTHER OF SORROWS

Offertory \$ 29,392.26
Outreach \$ 2,462.00



Catholic Institute Loan Payment for January:

\$ 30,660.00

ST. JOHN

Attendance 1,273
Offertory \$ 10,328.75



ST. MARY

Attendance 397
Offertory \$ 6,492.00



A heartfelt thank you to our parishioners and visitors for your gift of stewardship to MOS, St. Mary and St. John. Your generosity supports our many ministries and programs helping to advance our mission of bringing people to Christ. Thank you for the gifts you share with our Faith Community.

STEWARSHIP NOTES

“Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven.”
Matthew 5:16

The generosity of being a good steward of your gifts has a positive effect on people, and it is contagious! Good works encourages more good works. Generosity is a by-product of a grateful lifestyle. The more we recognize God's gifts, the more we want to share them. Good stewards recognize that God is working through them, and they don't put themselves above the people they have been called to help.

A PEEK AT THE WEEK...

Sunday	February 8	
8:30 AM	MOS	Faith Formation for those with special needs, Ave Maria Room
4:30 PM	MOS	Becoming Catholic, Ave Maria Room
7:00 PM	MOS	High School Youth Ministry, Social Hall
Monday	February 9	
6:30 PM	MOS	Choir Rehearsal, Choir Room
6:30 PM	MOS	MOS Outreach, Conference Room
Tuesday	February 10	
10:00 AM	MOS	Staff meeting, Conference Room
1:00 PM		Support Ministry, Dick's Diner
7:00 PM	MOS	Pastoral Council, Conference Room
Wednesday	February 11	
9:30 AM	MOS	Women's Bible Study, Ave Maria Room
6:00 PM	MOS	Festival Kick-off Meeting, Conference Room
Thursday	February 12	
6:30 PM	SM	Finance Council, St. Mary Social Hall
Friday	February 13	
9:00 AM	MOS	Centering Prayer, Ave Maria Room
Saturday	February 14	
7:00 AM	SM	Catholic Men's Fellowship, Social Hall
9:00 AM	MOS	Men's Renewal Group, Social Hall
Sunday	February 15	
8:30 AM	MOS	Faith Formation for those with special needs, Ave Maria Room
10:30 AM	SJ	Service Project, St. John Social Hall
12:30 PM	SJ	Service Project, St. John Social Hall
3:30 PM	MOS	Middle School Youth Ministry, lower narthex
4:30 PM	SJ	Theology of Ministry for Readers, St. John Church
7:00 PM	MOS	High School Youth Ministry, Social Hall

MOS, ST. JOHN AND ST. MARY LITURGICAL SCHEDULE

Saturday	2/7	
12:00 NN SJ		Sacrament of Reconciliation
4:00 PM SJ	†	George Coffen (<i>Jim Dunn</i>)
Sunday	2/8	Fifth Sunday in Ordinary Time
7:30 AM SM		For the Parish
9:00 AM SM	†	Sophia Trzos Yandora (<i>Brian & Sherri Cavanaugh</i>)
9:30 AM SJ	†	Living and Deceased Members of the Pikus Family (<i>Brodeck Family</i>)
		Sacrament of Baptism
11:30 AM SJ	†	Eric Ferri (<i>Patrick & Karen McDonough</i>)
12:30 PM SJ		Sacrament of Anointing of the Sick
6:00 PM SJ	†	Bertha Hoffman (<i>Sobek Family</i>)
Monday	2/9	
8:30 AM SM	†	Linda Wesley (<i>Shawn & Diane Lynch</i>)
		Rosalee Lesser (<i>Cathy Hill</i>)
Tuesday	2/10	Saint Scholastica
8:30 AM SJ	†	Virginia Donohue (<i>Family</i>)
12:00 NN SM		Eucharistic Adoration
5:00 PM SM		Sacrament of Reconciliation
6:00 PM SM		Benediction and Reposition
Wednesday	2/11	Our Lady of Lourdes
8:30 AM		No Morning Mass
7:00 PM SM		For the Parish
Thursday	2/12	
8:30 AM SJ	†	Eileen Belak (<i>Belak Children</i>)
		Dolores Tomko (<i>Ken & Kathy Swisshelm</i>)
Friday	2/13	
8:30 AM SM	†	George Coffen (<i>Debbie Frescura</i>)
		Adrienne Heinrich (<i>Linda & Jim Feczkko</i>)
Saturday	2/14	Saints Cyril and Methodius
12:00 NN SJ		Sacrament of Reconciliation
4:00 PM SJ	†	Deceased members of the John Lukacs Family & the Jean LaPlace Family (<i>Rege & Mary Lukacs</i>)
Sunday	2/15	Sixth Sunday in Ordinary Time
7:30 AM SM		For the Parish
9:00 AM SM		Special Intentions (<i>Karen Thomas</i>)
9:30 AM SJ	†	Trish Koval (<i>Ray Koval</i>)
11:30 AM SJ	†	John Kelly (<i>Hilda Kelly & Family</i>)
6:00 PM SJ	†	Dr. Paul & Adam Antalik (<i>Hoffman Family</i>)



Blood Drive
Murrysville Community
St. John De La Salle Church

Basement
497 Athena Dr.
Delmont

Tuesday, February 24
12:00 p.m. to 5:00 p.m.

Maximize your blood donation. Help more patients.
If you are an eligible type O, B - or A - donor, consider making a Power Red donation.
Red blood cells are the most commonly transfused blood component.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: SJDLDelmont to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

Come give blood 1/26-2/28 for a \$20 e-gift card to your choice of merchant. See rcblood.org/heart

Schedule your blood donation appointment today!

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

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Kindergarten and 1st grade learned about how much God loves them and how he cares for them. They had to work together and keep a balloon in the air to keep it from popping!

LITURGY OF THE WORD WITH CHILDREN

All children 4 years old through 2nd grade are invited to join us for Liturgy of the Word with Children during the 9:00 AM Mass at St. Mary on **February 8** and **February 22**.

SUPPORT MINISTRY

Support Ministry welcomes recent widows or those who have been widowed for many years.

All widows are invited to join us on **Tuesday, February 10** at 1:00 PM at Dick's Diner in Murrysville. Please RSVP to Sandy Martin at 724-787-9305 or sandymartin112@gmail.com by February 5.



Preschool learned the colors of the Liturgical Year and learned to set the altar.

STATIONS OF THE CROSS

During the season of Lent, all are invited to journey with Jesus on his way to the cross. There will be several opportunities each week to pray the Stations of the Cross:

12:00 NN Fridays at St. Mary Parish
7:00 PM Fridays at St. John Parish

LENTEN TAIZÉ PRAYER

Taizé is a distinctive style of meditation prayer developed by an ecumenical community of monks in rural France. This quiet, moving reflective prayer combines elements of the Church's traditional Liturgy of the Hours with elements of contemplative meditation.

A typical Taizé prayer service incorporates periods of silence with meditative readings from Scripture, prayers of praise and intercession, and the frequent repetition of simple, contemporary chants based on the Psalms or other parts of Scripture. The result is to gradually move prayer from the head to the heart.

Join us for Taizé prayer in St. Mary Church on **Thursdays in Lent** at 7:00 PM.

Ash Wednesday Liturgy Schedule

7:30 AM St. Mary Parish

Liturgy of the Word with distribution of ashes

8:30 AM St. John Parish

Mass with distribution of ashes

12:00 NN St. Mary Parish

Mass with distribution of ashes

4:00 PM Mother of Sorrows Parish

Liturgy of the Word with distribution of ashes

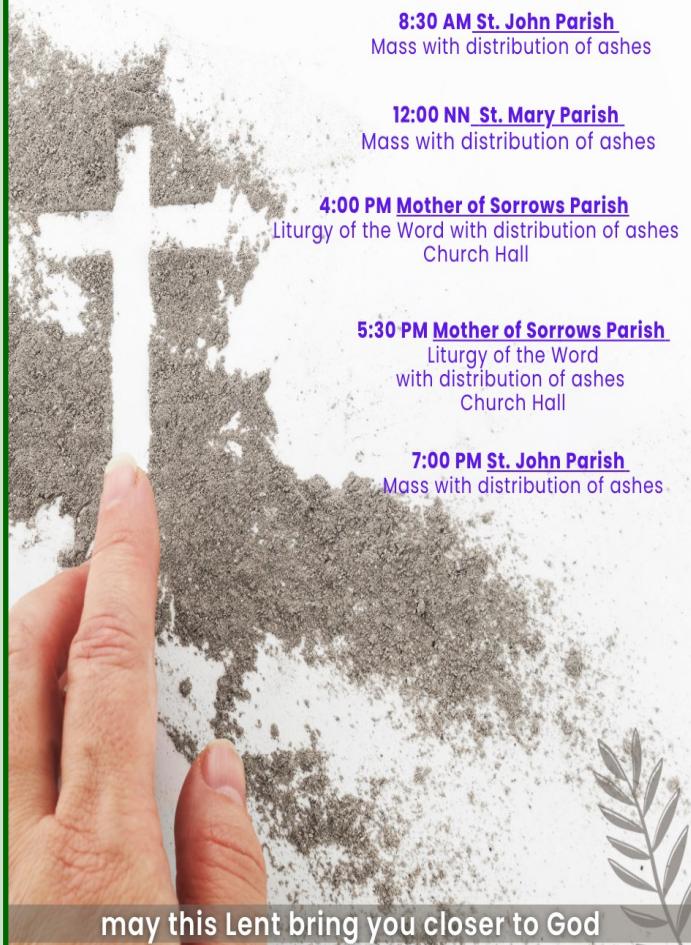
Church Hall

5:30 PM Mother of Sorrows Parish

Liturgy of the Word
with distribution of ashes
Church Hall

7:00 PM St. John Parish

Mass with distribution of ashes



may this Lent bring you closer to God

THE THEOLOGY OF MINISTRY FOR LITURGICAL MINISTERS

Workshops for ALL readers, extraordinary ministers of Holy Communion, greeters and ushers from our three parishes are scheduled during the Lenten season. Two sessions are offered for each ministry, but you only need to attend one. We will spend some time in prayer reflecting on our call to liturgical ministry and then review some of the practical details for each of the ministries. Current ministers AND those who signed up at the recent Ministry EXPO are urged to attend. All sessions will be held at St. John Church.

Readers

Sunday, February 15 4:30PM - 5:30 PM or Tuesday, February 17 7:00 - 8:00 PM

Extraordinary Ministers

Sunday, February 22 4:30PM - 5:30 PM or Tuesday, February 24 7:00 - 8:00 PM

Ushers and Greeters

Sunday, March 8 4:30PM - 5:30 PM or Tuesday, March 3 7:00 - 8:00 PM



Community Lenten Lunches

THURSDAYS

NOON LUNCH

12:30 DEVOTION

HOSTED AT

ST. JOHN BAPTIST DE LA SALLE,
497 ATHENA DR. DELMONT

Free Will Offering supports local
Meals on Wheels

Sponsored by the
Delmont Area Churches

Feb 26
March 5
March 19
March 26

More Info: 724-327-0647



This week on FORMED:

Beloved

Beloved uncovers the mystery and the meaning of the sacrament of marriage. What if marriage is more than you think it is? What if God has woven into the very fabric of your humanity a purposeful need and desire that can only be fulfilled in your marriage? Beloved invites all couples to experience firsthand the wonder, mystery, and joy behind that first "I do."

Lourdes: Story of Faith, Science, & Miracles

The film follows a journalist, his ancestor who met Bernadette at Lourdes, and the story of a woman healed by Lourdes' waters, tracing three lives.

FIFTH SUNDAY IN ORDINARY TIME

If salt loses its strength and taste, it is worthless. If a light is hidden, it gives no direction or help. If disciples do not follow Jesus, proclaim his message or do good deeds, they give no glory to God and no longer act as followers. Without action, they give no witness to the grace and salvation of God.

The passage from Isaiah gives a clear message about those who practice faithfulness to God's covenant. They feed and shelter others. They do not turn their backs on those who are naked, afflicted, or in need. When believers act this way, their light breaks forth like the dawn of a new day. This dawning dispels darkness and sin and gives glory to God.

Jesus proclaimed a reign of God where justice and righteousness would come. As a faithful Jew, he would have known this image from Isaiah. His followers would have understood it when he told them they were the light of the world. Their call was to dispel darkness by caring for the least and powerless, just as Jesus did.

Your light must shine before others, that they may see your good deeds and glorify your heavenly Father.
(Matthew 5:16)



CONGRATULATIONS

Congratulations to the McCrossin Family on the baptism of Frances Marian. May she grow strong and always know that she is a beloved child of God.



SERVICE PROJECT

All Faith Formation students are invited to participate in a service project on **Sunday, February 15** in the St. John Social Hall after the 9:30 AM and 11:30 AM Masses.

MIDDLE SCHOOL YOUTH MINISTRY

Middle School Youth Ministry will meet **Sunday, February 15** from 3:30 to 5:30 PM in the MOS Social Hall.



Mother of Sorrows has a parish-wide subscription to Catholic Brain, an online Catechetical resource for children (K-8). Information about how to sign-up and use this resource is available at motherofsorrowschurch.org/religious-education.



From Feb. 18th – Mar. 29th, you're invited to join other Christians for **40 Days for Life** – 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Planned Parenthood, 933 Liberty Avenue, Pittsburgh, and to help spread the word about this important community outreach. If you'd like more information – and especially if you'd like to volunteer to help, please contact: [Nikki Bruni, nbruni@40daysforlifepgh.com](mailto:nbruni@40daysforlifepgh.com)

• 26,144 babies saved • 275 abortion workers converted • 184 abortion centers closed!

Kick-off Mass at Divine Mercy Parish, Epiphany Church (184 Washington Pl, Pgh 15219), on Tuesday, Feb. 17th at 6 pm, followed by a *Eucharistic Procession* to Planned Parenthood All Christians are welcome!
(His Excellency, Bishop William Waltersheid presiding.)

Go to 40daysforlife.com/Pittsburgh for more info, or check out our blog at 40daysforlifepittsburgh.com



Our Ministry of Care visits and brings the Eucharist to over 40 individuals who are unable to

attend Mass. This is a vital part of our parish mission and ministry. These elderly individuals contributed to the vitality of our parish and have made it the strong community that it is today.

Please consider joining this ministry so that we can continue to stay connected to this essential part of our parish body. We receive referrals every week and need additional volunteers so we can keep up with the need. If you would like to accompany a minister on a visit to get a sense of the ministry, please contact Brooke Tognarina at tognarina@dioceseofgreensburg.org.

FUNERAL MINISTRY VOLUNTEERS NEEDED

One of the Corporal Works of Mercy calls us to pray for and bury the dead. One meaningful way to live out this call is by serving at Funeral Masses.

Our parishes are in need of volunteers to assist as greeters, lectors, altar servers, and sacristans for funerals. This is a low-commitment ministry, serving only when you are available. If you are able to help occasionally and would like more information, please contact Joann in the St. John and St. Mary parish office at 724-327-0647. For MOS, please call Brooke at 724-733-8870.

REMEMBER A LEAP OF FAITH AND COURAGE

Mother of Sorrows will be hosting the Red Bird Ministries *Remember* program from **February 22 through May 17, 2026**.

Remember is a guided, peer-based journey for families grieving the loss of a loved one to suicide. Participants will gather virtually weekly in a small-group setting rooted in Catholic faith, trauma-informed care and the deep understanding that suicide loss carries a unique and often isolating grief.

Meetings will be held virtually each Sunday beginning at 7:30 PM and will last 90 minutes. There will be no session on Easter Sunday, April 5.

You can sign up and learn more about Red Bird Ministries and **Remember** at www.RedBird.love. Please contact MOS parishioner Debbie O'Connor at 412-849-9429 or debiocconnor1@gmail.com with any questions.

"Man and Woman He Created Them: Together with Purpose"

The Office of Faith, Family, and Discipleship invites you to

BLESSINGS & BLISS A CELEBRATION OF NATIONAL MARRIAGE WEEK

FREE! REGISTER NOW
OPEN TO ALL MARRIED COUPLES



Scan the QR code or register at
DioceseofGreensburg.org/DateNight

Mass · Reflection · Blessing · Toast · Cookie Reception



1951 2026

Diocese of Greensburg

Fri, Feb 13 · 7PM

Christ Our Shepherd Center 2900 Seminary Dr, Greensburg

Questions? Andrea at 724-858-5271 or FFD@DioceseofGreensburg.org

HIGH SCHOOL YOUTH MINISTRY



Last Sunday, High School Youth Ministry began the study of the Sacraments with an overview of these seven signs of grace that Christ instituted and entrusted to the Church. Because God created us as a composite of body and soul, as both material and spiritual beings, the Sacraments are "outward signs" that use material things and actions to signify the work they do spiritually in our souls. The takeaway message was to receive them frequently, for they are the surest way to heaven! We also had fun with a massive game of spoons, and were treated to pudding cups with an array of toppings!



We will **not** meet on **Sunday, February 8**, because of the Super Bowl, but on **Sunday, February 16**, we will have our first Night of Encounter for the semester when the topic will be "Healthy Relationships and Breaking Up." We will meet from **7:00 to 9:00 PM** in the lower narthex for good conversation and an opportunity for adoration, praise, and confession. Please come and bring a friend!

**EXPLORING
GOD'S CALL**
returns for Spring 2026!

*Discernment Group
for Grades 9-12*

New time!

SUNDAYS, 7-8 P.M.

FEB. 22 | MAR. 8 & 22 | APR. 12 & 19 | MAY 3
St. John de La Salle Parish | 497 Athena Drive, Delmont
RSVP: vocations@dioceseofgreensburg.org

**PRIESTLY VOCATIONS
DIOCESE OF GREENSBURG**

MELCHIZEDEK PROJECT

DISCERNMENT
GROUP FOR YOUNG
ADULTS 18+

RETURNS FOR SPRING 2026!
PRAY & DISCERN GOD'S WILL
LEARN MORE ABOUT THE PRIESTHOOD

**PRIESTLY VOCATIONS
DIOCESE OF GREENSBURG**

SUNDAYS 3:30 P.M.

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LIVING STATIONS OF THE CROSS 30TH ANNIVERSARY CELEBRATION

This year marks the 30th year that MOS Youth Ministry will be presenting the Living Stations of the Cross, and we invite all former cast members years past to join us on **Friday, March 27 at 7:00 PM** in the school for this anniversary presentation.

There will be a reception afterward for all with light refreshments and a photo retrospective of the Living Stations from the past 30 years. If you know of any former cast members, please invite them to join us if they can. Please RSVP to jgindhart@dioceseofgreensburg.org if you plan to attend.



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Take a tour on **Sunday, February 8.**

Please join us from 10:00 AM to 1:00 PM.



Mrs. Carlisano works with one of her students who is proud to identify two digit numbers.



Mrs. Devett's pre-school students are glad to be back in the classroom after the winter storm of 2026 that kept them at home!

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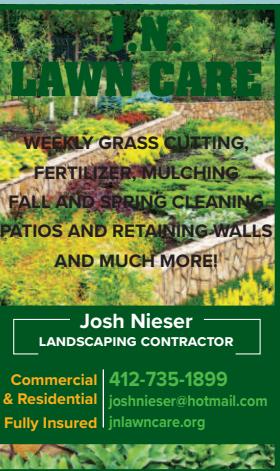
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