## **SEEKING VOLUNTEERS**

Hello Friends.

Walking With Moms is up and running and we need YOU to fully implement our plans. Please prayerfully consider helping us with any of the following activities:

- Moms and Dads for the mentor teams This would involve one training session and a flexible
  availability to talk to, text or visit a new mom or dad who "just wants to talk". (Request for this
  may be infrequent, but we want to be prepared if desired by a new mom or dad.)
- Walking with moms Individuals to "walk" with a mom with an unexpected pregnancy, to guide her to a PRC and assist her emotionally and spiritually throughout the process. This would require online training (Sisters of Life) and one onsite training session. (Request for this may be rare, but we want to be prepared when the need exists.)
- Baking for new moms We currently give new moms a gift basket from the Church when her baby is born. It would be nice to include something baked as well...cookies, bread, etc. (once a month at most)
- Individuals to partner with families after they baptize their child and keep them connected to the parish. This involves contacting the family to let them know that they will be getting a "family growing in faith" mailing from the office. Mailings go out every six months after a child is baptized. You would also contact the Church office to let them know to do the mailing for your family.
- Drivers needed Individuals with a truck who can deliver items on occasion to pregnancy resource centers. (a few times per year)
- Join our Adoration team Prayer is an important part of our ministry. All ministries in the parish
  have been asked to commit to an hour of adoration each Thursday. Walking with Moms is
  committed to spend an hour of adoration on Thursdays from noon to 1 pm. Contact Kim Bracken
  (kimberly.c.bracken@comcast.net) to commit to once a month adoration or whatever time you
  can afford.
- Tiny Disciples a parent and child play group. Volunteers are needed to set up toys and crafts,
  help with play time and clean up. A two hours commitment is desired from 9am to 11am, once a
  week (day of week yet to be determined). Contact Kim Bracken
  (kimberly.c.bracken@comcast.net) for more information.

Most of these activities involve a very small commitment of time and most can be done at your convenience.

Please contact Barb Koury at <a href="mos4moms@gmail.com">mos4moms@gmail.com</a> to volunteer or for more details on these opportunities to serve new moms.

P.S. If you have any ideas for this ministry, please let us know!