



Opening Hymn

As We Gather at Your Table



1. As we gath - er at your Ta - ble, As we
2. Turn our wor - ship in - to wit - ness In the
3. Gra - cious Spir - it, help us sum - mon Oth - er



lis - ten to your word, Help us know, O God, your
sac - ra - ment of life; Send us forth to love and
guests to share that feast Where tri - um - phant Love will



pres - ence; Let our hearts and minds be stirred. Nour - ish
serve you, Bring - ing peace where there is strife. Give us,
wel - come Those who had been last and least. There no



us with sa - cred sto - ry Till we
Christ, your great com - pas - sion To for -
more will en - vy blind us Nor will



claim it as our own; Teach us through this ho - ly
give as you for - gave; May we still be - hold your
pride our peace de - stroy, As we join with saints and



ban - quet How to make Love's vic - t'ry known.
im - age In the world you died to save.
an - gels To re - peat the sound - ing joy.

My First Holy Communion

Received the First Time

On this day:

At this Holy Place:

Celebrant:

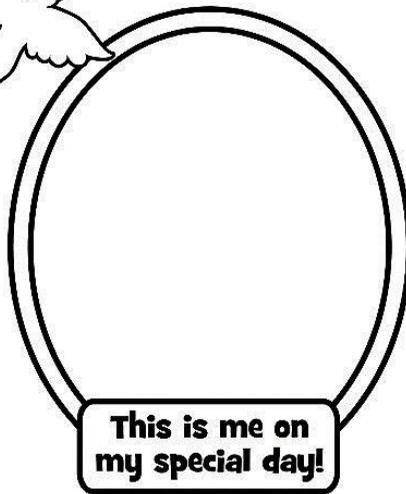
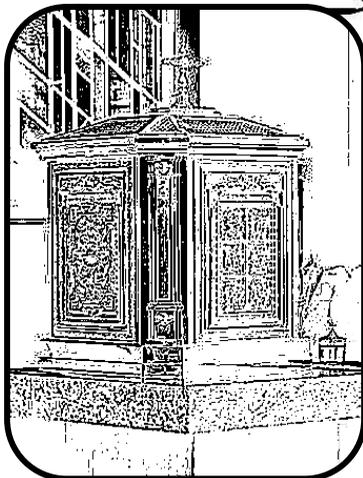
The word Eucharist means:



My favorite prayer is:



This is how I celebrated my First Holy Communion:



This is me on my special day!



Opening Prayer

Sprinkling Rite

Cantor *All*



1. I saw wa - ter, flow - ing clear, I saw wa - ter
2. All who came and drank were saved. All who came and
3. Springs of wa - ter, bless the Lord. Springs of wa - ter,

Cantor



1. flow - ing clear, from the right side of God's ho - ly tem - ple,
2. drank were saved. Let all cre - a - tion sing al - le - lu - ia.
3. bless the Lord. Praise and ex - alt him a - bove all for - ev - er.

All



1. from the right side of God's ho - ly tem - ple.
2. Let all cre - a - tion sing al - le - lu - ia.
3. Praise and ex - alt him a - bove all for - ev - er.



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Vss. 1-2: Tony Alonso
Text (vs. 3) © 2010, ICEL

Tony Alonso
Text (vss 1-2) and music © 2012, WLP

Gloria

Mass of Spirit and Grace
Ricky Manalo, CSP

Glo-ry to God in the high-est, and on earth peace to
peo-ple of good will. We praise you, we bless
you, we a-dore you, we glo-ri-fy you, we give you
thanks for your great glo-ry, Lord God, heav-en-ly King,
O God, al-might-y Fa-ther. Lord Je-sus Christ,
On-ly Be-got-ten Son, Lord God, Lamb of God, Son of the
Fa-ther, you take a-way the sins of the world,
have mer-cy on us;
re-ceive our prayer; you are seat-ed at the right hand

of the Fa - ther, have mer - cy on us. For
 you a - lone are the Ho - ly One, you a - lone
 are the Lord, you a - lone are the Most High,
 Je - sus Christ, with the Ho - ly Spir-it, in the
 glo-ry of God the Fa-ther. A - men.

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Collect



Liturgy of the Word

First Reading

Acts 3:13-15, 17-19

Peter told the people: "The God that Abraham, Isaac, Jacob, and our other ancestors worshiped has brought honor to his Servant Jesus. He is the one you betrayed. You turned against him when he was being tried by Pilate even though Pilate wanted to set him free. You rejected Jesus, who was holy and good. You asked for a murderer to be set free, and you killed the one who leads people to life. But God raised him from death, and all of us can tell you what he has done. My friends, I am sure that you and your leaders didn't know what you were doing. But God had his prophets tell that his Messiah would suffer, and now he has kept that promise. So turn to God! Give up your sins, and you will be forgiven."

Translation: Lectionary for Masses with Children



Responsorial Psalm

4:2, 4, 7-8, 9

Psalm 4

Marty Haugen



Lord, let your face shine on us,
shine on us, shine on us.

1. *I called, the God of justice gave me answer; from anguish you released me, have mercy and hear me!*
2. *Know that the Lord works wonders for his faithful one; the Lord will hear me whenever I call him.*
3. *Lift up the light of your face on us, O Lord. You have put into my heart a greater joy.*
4. *In peace I will lie down and fall asleep, for you alone, O Lord, make me dwell in safety.*

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Gospel Acclamation



Music: Melchior Vulpus, ca. 1560–1616.

Gospel

Lk 24:35-48

The disciples from Emmaus told what happened on the road and how they knew he was the Lord when he broke the bread. While Jesus' disciples were talking about what had happened, Jesus appeared to them and said, "May God give you peace!" They were frightened and terrified because they thought they were seeing a ghost. But Jesus said, "Why are you so frightened? Why do you doubt? Look at my hands and my feet and see who I am! Touch me and find out for yourselves. Ghosts don't have flesh and bones as you see I have." After Jesus said this, he showed them his hands and his feet. The disciples were so glad and amazed that they could not believe it. Jesus then asked them, "Do you have something to eat?" They gave him a piece of baked fish. He took it and ate it as they watched. Jesus said to them, "While I was still with you, I told you that everything written about me in the Law of Moses, the Books of the Prophets, and in the Psalms had to happen." Then he helped them understand the Scriptures. He told them: "The Scriptures say that the Messiah must suffer, then three days later he will rise from death. They also say that all people of every nations must be told in my name to turn to God, in order to be forgiven. So beginning in Jerusalem, you must tell everything that has happened."

Translation: Lectionary for Masses with Children



Homily

Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

Prayer of the Faithful

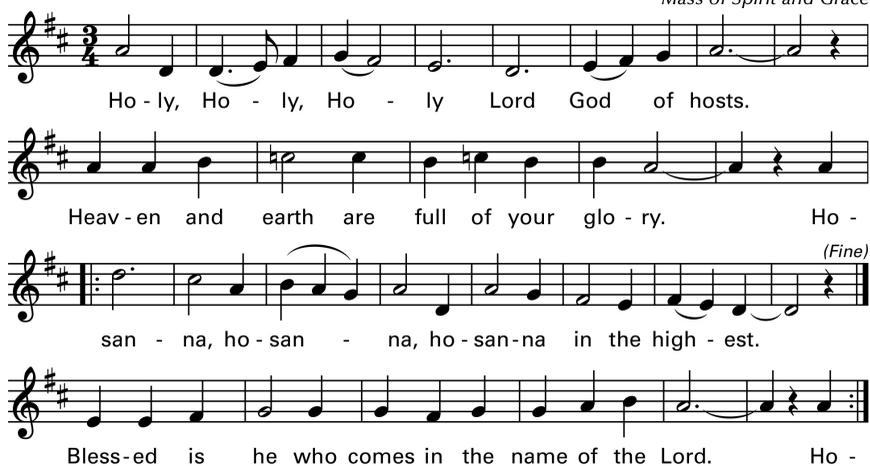
Liturgy of the Eucharist

Preparation of the Altar

Eucharistic Prayer Acclamations

HOLY

Mass of Spirit and Grace



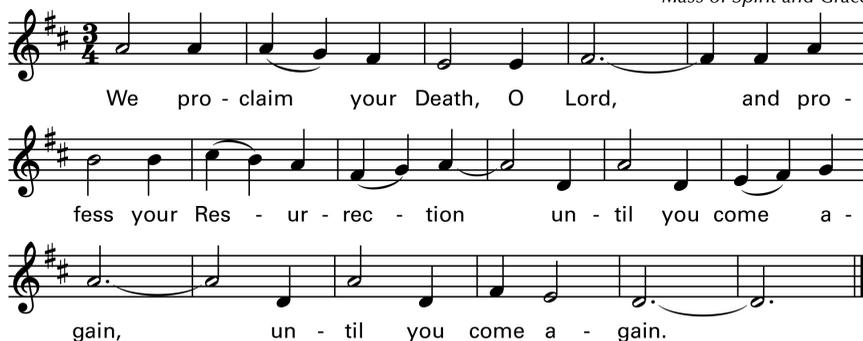
Ho - ly, Ho - ly, Ho - ly Lord God of hosts.
Heav - en and earth are full of your glo - ry. Ho -
san - na, ho - san - na, ho - san - na in the high - est. *(Fine)*
Bless - ed is he who comes in the name of the Lord. Ho -

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WE PROCLAIM YOUR DEATH

Mass of Spirit and Grace



We pro - claim your Death, O Lord, and pro -
fess your Res - ur - rec - tion un - til you come a -
gain, un - til you come a - gain.

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AMEN

Mass of Spirit and Grace

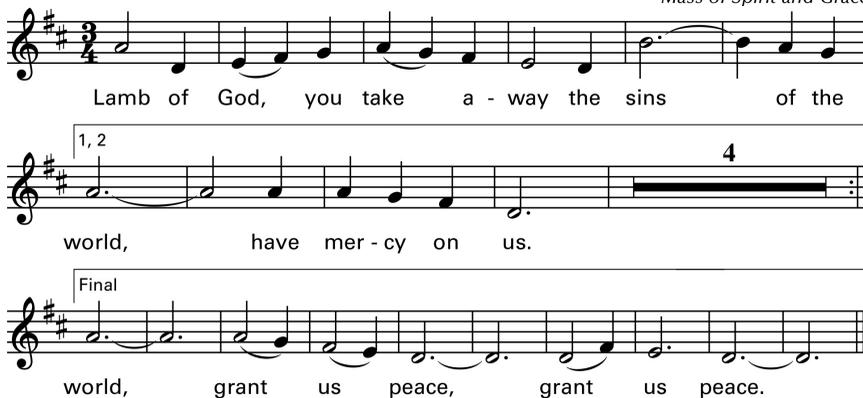


A - men. A - men. A - men. A - men.

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LAMB OF GOD

Mass of Spirit and Grace



Lamb of God, you take a - way the sins of the
world, have mer - cy on us.
world, grant us peace, grant us peace.

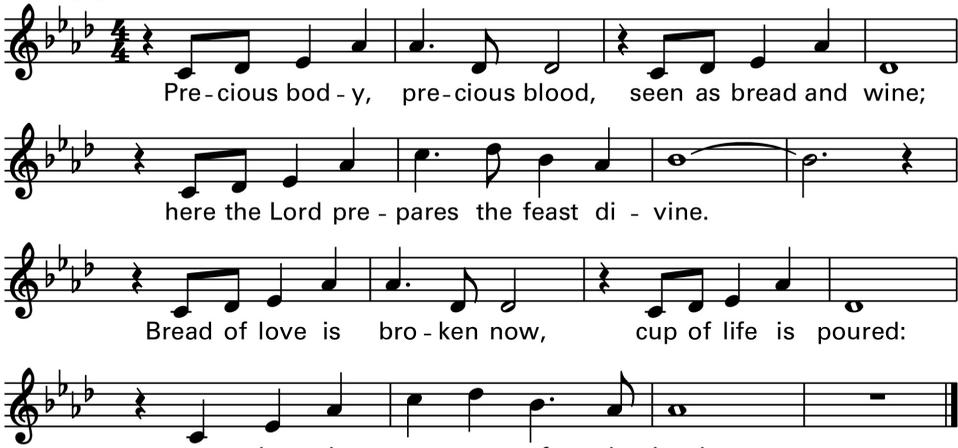
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Communion Procession

THE SUPPER OF THE LORD

Laurence Rosania

Refrain



Pre-cious bod - y, pre-cious blood, seen as bread and wine;
here the Lord pre - pares the feast di - vine.
Bread of love is bro - ken now, cup of life is poured:
come, share the sup - per of the Lord.

The image shows four staves of musical notation in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below each staff. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The music consists of quarter and eighth notes, with some rests. The lyrics are: 'Pre-cious bod - y, pre-cious blood, seen as bread and wine; here the Lord pre - pares the feast di - vine. Bread of love is bro - ken now, cup of life is poured: come, share the sup - per of the Lord.'

Text: Verses 1-4 based on John 4, 6.
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Closing Hymn

Go to the World!



Go to the world! Go in - to all the earth. Go
Go to the world! Go in - to ev - 'ry place.
Go to the world! Go as the ones I send, For



preach the cross where Christ re - news life's worth, Bap -
Go live the Word of God's re - deem - ing grace.
I am with you till the age shall end, When



tiz - ing as the sign of our re - birth.
Go seek God's pres - ence in each time and space. Al -
all the hosts of glo - ry cry "A - men!"



le - lu - ia! Al - le - lu - ia!

Text: Sylvia G. Dunstan, 1955-1993, © 1991, GIA Publications, Inc.
Tune: SINE NOMINE, 10 10 10 with alleluias; Ralph Vaughan Williams, 1872-1958



If in Church, please dispose of this worship aid in trash as you exit. | If in the Social Hall, please leave worship aid on your chair when you exit.

Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Guardian Angel Prayer

Angel of God, my Guardian dear, to whom God's love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Amen.

Anima Christi

Soul of Christ, make me holy. Body of Christ, be my salvation. Blood of Christ, let me drink your wine. Water flowing from the side of Christ, wash me clean. Passion of Christ, strengthen me. Kind Jesus, hear my prayer. Hide me within your wounds and keep me close to you. Defend me from the evil enemy. And call me at the hour of my death. To the fellowship of your saints. That I might sing your praise with them for all eternity. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that any one who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired by this confidence, We fly unto thee, O Virgin of virgins my Mother; to thee do we come, before thee we stand, sinful and sorrowful; O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer them. Amen.



MOTHER OF SORROWS CATHOLIC CHURCH

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Prayer Before Mass

(St. Ambrose)

Lord Jesus Christ, we approach your banquet table as saints and sinners, and dare not rely on our own worth, but only on your goodness and mercy. Gracious God of majesty and awe, we seek your protection, we look for your healing. We appeal to you, the fountain of all mercy. Lord Jesus Christ, eternal king, crucified for us, look upon us with mercy and hear our prayer, for we trust in you. Merciful Father, purify us in body and soul, and make us worthy to taste the Holy of Holies. May your body and blood, which we intend to receive, unworthy as we are, be for us the remission of our sins, the washing away of our guilt, the end of our evil thoughts, and the rebirth of our better instincts. May it incite us to do the works pleasing to you and profitable to our health in body and soul, and may it deliver us from evil. Amen.

Prayer of Thanksgiving after Mass

(St. Thomas Aquinas)

Lord, Father all-powerful and ever-living God, I thank You, for even though I am a sinner, your unprofitable servant, not because of my worth but in the kindness of your mercy, You have fed me with the Precious Body & Blood of Your Son, our Lord Jesus Christ. I pray that this Holy Communion may not bring me condemnation and punishment but forgiveness and salvation. May it be a helmet of faith and a shield of good will. May it purify me from evil ways and put an end to my evil passions. May it bring me charity and patience, humility and obedience, and growth in the power to do good. May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual. May it unite me more closely to you, the One true God, and lead me safely through death to everlasting happiness with You. And I pray that You will lead me, a sinner, to the banquet where you, with Your Son and holy Spirit, are true and perfect light, total fulfillment, everlasting joy, gladness without end, and perfect happiness to your saints. Grant this through Christ our Lord, Amen.

Complete Trust in God

(St. Francis de Sales)

Do not look forward to the trials and crosses of this life with dread and fear. Rather, look to them with full confidence that as they arise, God, to whom you belong, will deliver you from them. He has guided and guarded you thus far in life. Do you but hold fast to his dear hand, and He will lead you safely through all trials. Whenever you cannot stand, he will carry you lovingly in his arms. Do not look forward to what may happen tomorrow. The same Eternal Father who cares for you today will take good care of you tomorrow and every day of your life. Either he will shield you from suffering or He will give you the unfailing strength to bear it. Be at peace then and put aside all useless thoughts, vain dreads, and anxious imaginations. Amen.